

Solu-Cortef®

(hydrocortisone sodium succinate
for injection, USP)

Act-O-Vial®



Scan the QR Code to view the ACT-O-VIAL® Instructions for Use video on PfizerPro, or visit <https://www.pfi.sr/howtouse-act-o-vial-system>. Or, search “How to use the ACT-O-VIAL System” on YouTube, to watch the Instructions for Use video on the Pfizer Ready-To-Use channel.

Please see full [Prescribing Information here](#) and [Important Safety Information](#) at the end of this piece.

How to prepare and give the injection

The following instructions are to be used as a guide. Be sure to speak with your health care professional, as they are the best source of information. Always talk to your health care professional about injection techniques.



Clean your hands well with soap and water or an alcohol-based hand sanitizer.

Assemble your equipment:

- Solu-Cortef® Act-O-Vial®
- Syringe with attached needle
- Alcohol pads or cotton balls and rubbing alcohol
- Adhesive bandage

Check the expiration date on the Solu-Cortef vial. If the Solu-Cortef has expired, do not use.

STEP 1



STEP 2

Push down firmly on the top of the Act-O-Vial to force the liquid into the bottom chamber.



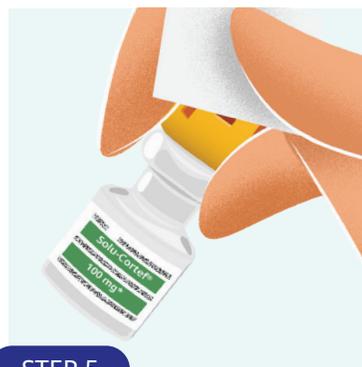
STEP 3

Gently mix the solution. Make sure the solution is clear before use.



STEP 4

Remove the plastic tab on top of the vial that covers the rubber stopper.



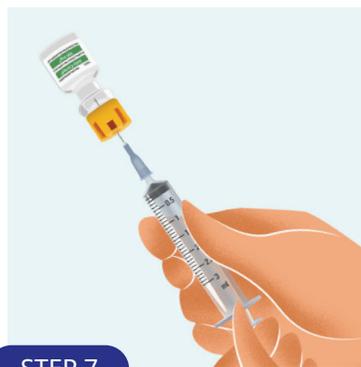
STEP 5

Wipe the rubber stopper with an alcohol pad or cotton ball dipped in rubbing alcohol. Allow to dry.



STEP 6

Take the cap off the syringe and insert needle through the middle of the stopper, just until the needle tip is visible in the Act-O-Vial.



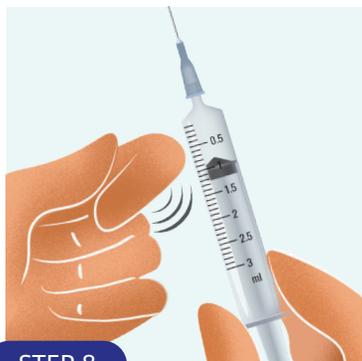
STEP 7

Turn the vial upside down. Pull back the plunger on the syringe until you have the right amount of Solu-Cortef in the syringe. Pull the needle out of the vial.

Please see full [Prescribing Information here](#) and Important Safety Information at the end of this piece.

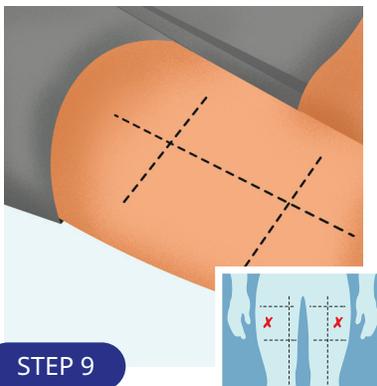
How to prepare and give the injection (cont'd)

The following instructions are to be used as a guide. Be sure to speak with your health care professional, as they are the best source of information. Always talk to your health care professional about injection techniques.



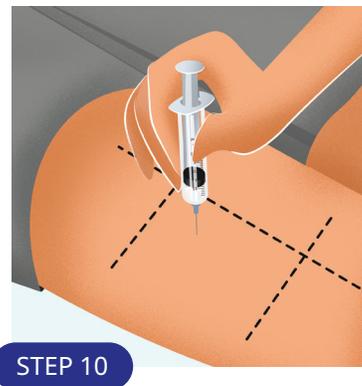
STEP 8

If any air bubbles are seen, hold the syringe with needle pointing up and tap syringe with your fingers until air bubbles come up to the top. Gently push the plunger to get the air bubbles out of the syringe. Replace the cap on the needle.



STEP 9

Select the site to inject—usually the outside of the middle thigh. Clean the site with an alcohol pad and allow to dry.



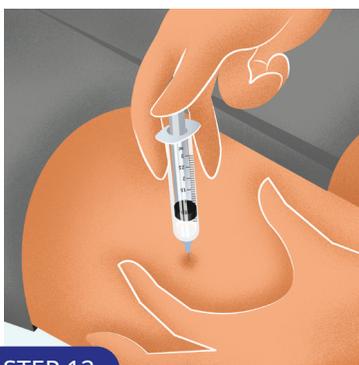
STEP 10

Take the cap off the needle and hold the syringe like a dart at a 90-degree angle to the injection site.



STEP 11

Use your thumb and first 2 fingers to spread the skin and push down slightly.



STEP 12

Insert the needle straight down in one quick motion into the thigh. Push the plunger until the dose is fully injected.



STEP 13

After injecting the Solu-Cortef, place a tissue, cotton ball, or gauze near the needle. Then pull the needle out quickly. Press down on the injection site with gauze for a few seconds. Cover the injection site with a bandage.

Do not recap the needle. Discard the needle and syringe into the sharps container.

It is very important to have your medication with you at all times and whenever you travel.

Indication

Solu-Cortef® (hydrocortisone sodium succinate for injection, USP) is used in the treatment of primary and secondary adrenocortical insufficiency and congenital (existing at birth) adrenal hyperplasia, both of which cause low cortisol and sometimes low aldosterone levels in the body.

Important Safety Information

Solu-Cortef should not be used in patients with systemic fungal infections or in patients who are allergic to any of its ingredients. Severe reactions might occur.

Solu-Cortef should not be used in patients with idiopathic thrombocytopenic purpura, a condition that causes low platelets and may result in increased bleeding.

Solu-Cortef should not be injected into the spinal cord area because it is not approved for this use. Serious events such as paralysis, stroke, blindness, and even death have been reported.

Solu-Cortef injections may cause dips or dents in your skin, and should not be injected into your shoulder (deltoid) muscle.

Tell your doctor if you are experiencing unusual stress, as the drug dose might need to be adjusted.

Average and large doses of corticosteroids, including Solu-Cortef may cause an increase in blood pressure or swelling from water and salt retention. Increased potassium loss may occur. Tell your doctor if you have heart, kidney, adrenal, or blood pressure problems before starting the medication.

Corticosteroids, including Solu-Cortef, might cause endocrine problems such as high blood sugar. Your doctor should monitor you for these conditions if you take corticosteroids for an extended time.

Patients who take corticosteroids, including Solu-Cortef are more likely to get infections. These infections may be mild, but can be serious and at times fatal.

Corticosteroids may mask some signs and symptoms of infection or make unknown infections worse. If you develop a fever or other signs of an infection, you should call your doctor right away.

You should tell your doctor if you have visited the tropics, have diarrhea or intestinal worms, or if you have ever had or have been around someone with tuberculosis.

Tell your doctor if you are taking a corticosteroid before getting any vaccines or shots.

When taking Solu-Cortef you should avoid exposure to chicken pox or measles. If you think you were around someone with these infections, call your doctor right away.

Use of corticosteroids, including Solu-Cortef may cause eye problems such as glaucoma, infections, and cataracts.

The lowest dose of Solu-Cortef should be used to treat your medical problem. When your dose can be decreased, it should be done slowly. Do not stop taking Solu-Cortef unless your doctor tells you to. You should also tell all your doctors that you are taking a corticosteroid.

Corticosteroids, including Solu-Cortef might interact with other drugs. You should tell your doctor about all the other drugs you are taking and you should not take any drug without discussing with your doctor first.

Tell your doctor if you are pregnant or plan to become pregnant. It is not known if Solu-Cortef will harm your unborn baby. Also tell your doctor if you are breastfeeding or plan to breast feed. Solu-Cortef passes into your milk and may cause serious growth or other problems for your baby. Talk with your doctor about the best way to feed your baby if you take Solu-Cortef.

Solu-Cortef may cause fertility problems in men.

Corticosteroids, including Solu-Cortef may also cause skin problems, heart attack or failure, heart rhythm problems, tendon rupture, period irregularities, diabetes, bone loss, fractures and joint problems, depression, mood swings, and other mental health problems, brain and nervous system problems, decreased sperm count, weight gain, tiredness, muscle weakness, stomach and bowel bleeding, and growth problems in children. Call your doctor immediately if you experience any adverse signs or symptoms while taking corticosteroids including Solu-Cortef.

Please see full [Prescribing Information here](#).



To report negative side effects of prescription drugs to the Food and Drug Administration (FDA), visit www.fda.gov/medwatch or call 1-800-FDA-1088.

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